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The relation between ECAP measurements and the effect of rate on behavioral thresholds in cochlear implant users

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1 The relation between ECAP measurements and the effect of rate on
2 behavioral thresholds in cochlear implant users

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19

1 Abstract

2 It has been shown that electrically evoked compound action potential (ECAP) thresholds are not
3 sufficiently predictive of behavioral thresholds to allow their use as a totally objective method to
4 program a cochlear implant. Previous animal studies have shown that two other ECAP
5 parameters (the ECAP amplitude growth slope and the effect on ECAPs of changing the phase
6 duration (PD) or interphase gap (IPG)), and the way that behavioral thresholds change with
7 increasing rate of stimulation, are associated with cochlear health. This experiment tested the
8 hypotheses that a) the degree to which behavioral thresholds change with rate of stimulation is
9 associated with either or both of those two ECAP parameters, and that b) the accuracy of ECAP
10 thresholds for predicting behavioral thresholds at clinically relevant rates can be increased by
11 including those additional ECAP parameters. Both these hypotheses were confirmed by the data.
12 The ECAP slope was associated with within-subject variation across electrode positions of both
13 behavioral thresholds and the change of thresholds with increasing rate. The effect of changes in
14 IPG or PD on ECAPs was moderately associated with between-subjects variations in both
15 average absolute behavioral thresholds and the average effect of rate on thresholds. The inclusion
16 of the IPG/PD effect to predict average absolute behavioral thresholds for each subject and
17 inclusion of the ECAP growth slope to predict variation in relative thresholds across electrode
18 positions in the same subject led to a significant increase in accuracy of the predicted behavioral
19 thresholds.

20
21 **Keywords:** cochlear implant, electrically evoked compound action potential, rate of stimulation

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1 **List of abbreviations:**

2 CI Cochlear implant

3 CL Current level

4 ECAP Electrically evoked compound action potential

5 IPG Inter-phase gap

6 PD Phase duration

7 pps Pulses per second

8 SGC Spiral ganglion cell

9 NRT Neural response telemetry

10 3IFC Three interval forced choice

11 SD Standard deviation

12

1 INTRODUCTION

2 Studies in guinea pigs have shown both behavioral and electrophysiological correlates of
3 cochlear pathology. Using electrical pulse trains in the cochlea, Pfungst et al (2011) have shown
4 that animals with poor survival of spiral ganglion cells (SGCs) have a reduced effect of rate of
5 stimulation on behavioral thresholds for rates up to 1000 pulses per second (pps). Similarly,
6 several features of electrically evoked compound action potentials (ECAPs) have been correlated
7 with SGC survival. These ECAP features include: the current change required for equal ECAP
8 amplitude when inter-phase gap (IPG) or phase duration (PD) are changed (Prado-Guitierrez et
9 al., 2006; Ramekers et al., 2014); the change of N1 peak latency as IPG or PD are changed
10 (Ramekers et al., 2014); and the N1-P2 amplitude growth slope (Pfungst et al., 2015a; Pfungst et
11 al., 2015b). The use of these ECAP or behavioral measures in human cochlear implant (CI) users
12 to infer SGC survival or cochlear health relies on the assumption that their relation to SGC
13 survival applies in the human case as in the animal case. Some support for this assumption has
14 come from a recent paper by Zhou and Pfungst (2014), who showed that, in bilateral CI users, the
15 ears with the better speech understanding were those that had the greater effect of rate on
16 behavioral threshold. Under the assumption that animal data can be applied to humans, the
17 ECAP and behavioral measures should be correlated with each other in human CI users, since
18 they are both influenced by SGC survival. The present study aimed to first test whether this
19 correlation exists, and then to evaluate whether such a correlation can be used to improve the
20 accuracy of ECAP measures for totally automated programming of cochlear implants.

21 ECAP thresholds (measured using single pulses at measurement rates of 40 Hz or 80 Hz) are
22 only moderately correlated with behavioral thresholds when the latter are measured using pulse
23 trains of rates relevant to CI programming (generally above 500 pps) (Cafarelli Dees et al., 2005;

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1 McKay et al., 2005; Potts et al., 2007). This moderate correlation is not sufficient for totally
2 objective programming of CIs. In contrast, a relatively good correlation has been noted between
3 ECAP thresholds and behavioral thresholds measured using pulse trains at very low rates (Brown
4 et al., 1998; Brown et al., 1996; Zimmerling et al., 2002). Thus, the poorer correlation between
5 ECAP thresholds and behavioral thresholds at high rates of stimulation compared to low rates is
6 driven by the difference between behavioral thresholds at high and low rates and how this
7 difference varies among CI users. Given that ECAP threshold is highly predictive of low-rate
8 behavioral thresholds, an additional objective measure that could predict the change in
9 behavioral threshold between low rates and the high rates relevant to CI outputs (such as the
10 ECAP features mentioned above, potentially) could be combined with ECAP thresholds to
11 improve the accuracy of automated programming of CIs at high rates.

12 McKay et al have published a series of papers that developed a model that successfully accounts
13 for a variety of temporal effects in electrical stimulation (McKay et al., 1998; McKay et al.,
14 2010; McKay et al., 2005; McKay et al., 2013a; McKay et al., 2003; McKay et al., 2013b). In
15 this model, the change in behavioral threshold as rate increases depends on three factors: a
16 central temporal integration window, the output of which increases with rate as more stimulus
17 pulses are contained within it; the effect of adaptation, accommodation or refractoriness, which
18 together decreases the number of spikes evoked for each pulse as the interpulse interval
19 decreases; and the relation between current level and spike activity, which is assumed to be a
20 power function over small ranges of current change and is level-dependent. When applying this
21 model to a range of psychophysical phenomena in CI users, McKay et al. have shown that the
22 central temporal integration window derived from normal hearing psychophysics (Oxenham,
23 2001; Oxenham et al., 1994; Plack et al., 2002) is appropriate to apply to CI users. It was

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1 deduced that the central integration mechanism is resistant to the effects of peripheral deafness,
2 and is relatively invariant among different CI users. It follows that the variation between CI users
3 of the effect of rate on threshold can be hypothesized to be significantly contributed to by a
4 combination of the second and third factors (the decrease in spike activity per pulse as rate
5 increases and the current-to-excitation function).

6 McKay et al (2013b) investigated the degree to which the reduction in activity evoked by each
7 pulse as rate increased differed among CI users and whether this effect could explain a
8 significant amount of the variance in the effect of rate on behavioral threshold. In that study,
9 ECAP amplitudes were measured using a technique whereby the amplitude to the n th pulse in a
10 pulse train was derived by subtracting the response after $n-1$ pulses from the response after the
11 n th pulse. The ratio reduction in ECAP amplitude compared to that of the first pulse in the pulse
12 train was assumed to be related to the ratio reduction in number of neural spikes evoked by the
13 probe pulse compared to the same pulse in a very low rate pulse train. The ECAP data was then
14 used in the model to predict the effect of rate on behavioral thresholds. The reduction in neural
15 spike activity with increasing rate was expected to be greatest at high rates, as was found, with
16 the ECAP amplitude decreasing on average from around 0.85 of that of the first pulse at 500 pps
17 rate to around 0.35 of the amplitude at 2400 Hz.

18 The model was successful in using the ECAP data to predict the average behavioral threshold
19 versus rate functions for the subjects in that study, when using previously determined values for
20 the integration window and the current-to-excitation slopes. It was found however that, for rates
21 above 500 pps, both the slope of the threshold versus rate function and the ECAP reduction ratio
22 did not vary very much between subjects. In contrast, most of the variation between low (40 pps)
23 and high (up to 2400 pps) rate thresholds among subjects occurred in the low-rate range of 40 to

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1 500 pps where there would be minimal influence of refractory or accommodation effects. The
2 lack of a correlation between the ECAP amplitude reduction as rate increased and the behavioral
3 threshold changes as rate increased was replicated by Hughes et al. (2014). McKay et al. (2013)
4 concluded that, provided the model assumptions were valid, the variation of the current-to-
5 excitation function among subjects must be a factor that significantly contributes to the variation
6 in the slope of the behavioral threshold versus rate function for rates less than 500 pps. A steeper
7 current-to-excitation function would lead to less current adjustment being needed to equalize
8 neural activity when rate is increased. One possible reason for the low-rate threshold versus rate
9 slope being found to be correlated with SGC density (Pfungst et al., 2011) in guinea pigs is that,
10 when the SGC density is poorer a higher current is needed to evoke threshold hearing, and this
11 higher current could reach more central and tightly packed neural material in the internal
12 auditory meatus in animals with poor SGC survival, leading to a steeper current-to-excitation
13 function when that occurs. Hughes et al. (2014) also tested the hypotheses that the rate that
14 produced maximum alternation in ECAP responses or the rate at which the alternation no longer
15 occurred may also be correlated with the change of behavioral thresholds with rate, but these
16 hypotheses were not supported by the data.

17 McKay et al (2013b) concluded that, to improve the objective prediction of high-rate behavioral
18 thresholds using ECAPs, an objective measure additional to ECAP threshold was needed that
19 was correlated with the slope of the threshold versus rate function in the *low rate* region. The
20 potential ECAP features that have been correlated with SGC density, and therefore may be
21 correlated with the threshold versus rate function slope in the low-rate region, are the effects of
22 PD or IPG on ECAPs or the ECAP amplitude growth slope, as described above. In this study, we
23 hypothesized that these features are correlated with the slope of the behavioral threshold versus

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1 rate function in the low-rate region, and that these measures can therefore improve the prediction
2 accuracy for high rate behavioral thresholds using a combination ECAP data alone.

3 **1. METHODS**

4 **1.1. Subjects**

5 Fifteen adult cochlear implant users were recruited for this experiment. Five subjects were later
6 excluded from the study due to ECAP thresholds being too high for reliable estimates of the
7 effect of PD and IPG to be determined. All remaining subjects were users of the CI24RE or
8 CI512 implants manufactured by Cochlear Ltd. Type of implant, the electrode locations where a
9 full dataset was acquired, duration of time since implantation, duration of severe deafness, and
10 etiology for all remaining participants are shown in Table 1. The project was approved by the
11 Human Ethics Committee of the Royal Victorian Eye and Ear Hospital (14/1180H). All
12 participants provided their informed consent.

13 **1.2. ECAP measurements**

14 ECAP measurements were obtained for each subject via neural response telemetry (NRT)
15 through CUSTOM SOUND EP version 4.0 software provided by Cochlear Ltd. ECAP stimuli
16 were cathodic-leading biphasic pulses. The probe electrode was set, by default, as intracochlear
17 electrodes 1, 4, 7, 10, 13, 16, 19, or 22, in MP1 mode. The recording electrode was 2 electrodes
18 offset from the probe electrode and in MP2 mode. The standard forward masking procedure of
19 Brown et al. (1990) was used to remove artefact, with a masker-probe interval of 500 μ s and the
20 masker pulse level set 10 current levels (CLs) above that of the probe pulse. Four IPG/PD pulse
21 combinations were used 1) PD 25 μ s IPG 8 μ s, 2) PD 40 μ s IPG 8 μ s, 3) PD 25 μ s IPG 40 μ s, 4)
22 PD 40 μ s IPG 40 μ s. NRT recordings were averaged over 50 sweeps. NRT recordings were

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1 made at a 40 Hz presentation rate. Amplifier delay, measured from probe stimulus offset, was set
2 to 122 μ s and amplifier gain to 60 dB.

3 Before collecting data for ECAP amplitude growth functions in the four IPG/PD conditions, the
4 'stimulate only' function of the software was used to determine the CL range from approximate
5 ECAP threshold to maximum tolerable CL for each IPG/PD condition of each selected electrode.
6 In some cases the software indicated that the implant exceeded the compliance level or it was
7 evident that the amplifier was saturated by the stimulus artifact before the maximum tolerable
8 level was reached. In the case of amplifier saturation, a reduced gain of 50 dB and/or an
9 increased amplifier delay (130 μ s) was used. Amplifier delay and gain settings were kept
10 constant across the four conditions for any single electrode. If no clear ECAP was evident at a
11 CL lower than the maximum tolerable CL in any one of the four IPG/PD conditions, an
12 alternative probe electrode position was tried. In this way a set of 'usable electrodes' was
13 obtained for each subject. There were a significant number of electrodes found to be unusable
14 using this criterion. Table 1 shows the probe electrodes used for data collection in each subject.
15 Over the ten subjects, 52 electrodes in total were used in the study.

16 Amplitude growth functions (ECAP N1 to P1 peak amplitude in μ V versus stimulus level in CL)
17 were obtained for the four stimulus conditions for each electrode, using up to 7 CLs within the
18 estimated range between ECAP threshold and the maximum useable level. Voltage versus time
19 series data were exported for each NRT recording, with ECAP peaks and amplitudes determined
20 automatically through CUSTOM SOUND EP's peak-picking software.

21 The data of interest for our study were the CL adjustments needed to equalize ECAP amplitude
22 between the 4 different IPG/PD conditions. To obtain these values, the 4 amplitude growth

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1 functions were first plotted. An example is shown in Figure 1 for subject CI9, electrode 12. The
2 functions were truncated at a high and low voltage values to isolate the linear proportions of the
3 functions, and the remaining data were fitted using linear regression (red lines in color). The
4 mean horizontal offsets between the regression lines (in CL) were then calculated for the
5 amplitude range of data that was common to all the four functions (between the horizontal lines –
6 blue in color). The slopes of the linear sections (in $\mu\text{V}/\text{CL}$) were also calculated and averaged
7 over the four IPG/PD conditions for each electrode/subject for further analysis.

8 ECAP thresholds were calculated from the amplitude growth functions for the [PD = 25 μs ; IPG
9 = 8 μs] condition (i.e. the same parameters as for the behavioral thresholds). ECAP threshold
10 was defined as the CL at which the extrapolated linear regression line reached zero μV .

11 **1.3. Psychophysical measurements**

12 Behavioral thresholds were determined using pulse trains of 500 ms duration and rates of 40,
13 500, 1000, and 2000 pps and using the same probe electrodes as for the electrophysiological
14 measures. The stimulation mode was MP1+2 and IPG and PD were set to typical speech
15 processor settings of 8 and 25 μs respectively. Stimuli were controlled and subject responses
16 recorded, using ImPresS software (developed at Melbourne University in collaboration with the
17 MRC-CBU in Cambridge, UK). The software directly controlled the delivery of the electrical
18 stimulus to the implanted electrodes via a SPEAR research processor (developed at the Hearing
19 CRC in Melbourne). A response box was used to visually represent trial time intervals and to
20 record subject responses. Thresholds were obtained using an adaptive three interval three-
21 alternative forced choice task, in which subjects were asked to select which of three intervals
22 (separated by 500 ms) in each trial contained a sound. A two-down, one-up adaptive procedure

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1 was used with a step size of 5 CL until two reversals were obtained and then a step size of 2 CL
2 until a total of 10 reversals were obtained. Threshold was calculated as the mean CL at the final
3 six reversals.

4 **2. RESULTS**

5 **2.1. Predicting the effect of rate on behavioral threshold**

6 Figure 2 shows an example of the ECAP waveforms measured for two different conditions - [PD
7 25 μ s IPG 8 μ s] (left) and [PD 40 μ s IPG 40 μ s] - at different probe current levels, illustrating the
8 difference in probe current needed for the same response amplitude in the two conditions. From
9 the four IPG/PD conditions, four different comparisons were made: The effect of changing IPG
10 from 8 to 25 μ s with a fixed PD at either 25 or 40 μ s; and the effect of changing PD from 25 to
11 40 μ s with fixed IPG of either 8 or 25 μ s. For each probe electrode, the means (and standard
12 deviations - SDs) of the CL adjustments to equalize ECAP amplitude for changes in PD and IPG
13 were as follows. The mean adjustment in CL for changing IPG from 8 to 25 μ s was 6.98 (SD
14 1.78) and 9.93 (SD 2.59) at PDs of 40 and 25 μ s respectively. The adjustment for changing PD
15 from 25 to 40 μ s was 22.39 (SD 1.57) and 25.34 (SD 2.33) at IPGs of 25 and 8 μ s respectively.
16 For both the IPG-change effect and the PD-change effect, the mean CL adjustment needed for
17 equal ECAP amplitude was larger when the fixed value of PD or IPG was smaller (Wilcoxon
18 Signed Rank Test, $Z = 6.275$, $p < 0.001$ in both cases). Since all four measures were highly
19 correlated with each other ($r > 0.7$, $p < 0.0001$), a single measure for each subject/electrode was
20 derived for further analysis and for comparison with behavioral data. This measure combined
21 IPG and PD effects and was the current adjustment between the condition with smallest total
22 biphasic pulse duration [PD 25 μ s IPG 8 μ s] and that with the largest total pulse duration [PD 40

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1 μs IPG 40 μs]. The mean (and SD) of this measure (referred to below as the IPG/PD effect) was
2 32.32 CL (SD 3.86).

3 Figure 3 shows the effect of rate of stimulation on behavioral threshold for the 10 subjects, with
4 data averaged across the electrodes tested for each subject. For each subject/electrode, the
5 change of behavioral threshold with rate was divided into two parts: the difference between 40
6 pps and 1000 pps; and the difference between 1000 pps and 2000 pps. Since animal studies
7 showed that only low-rate changes (up to 1000 Hz) were correlated with cochlear pathology, it
8 was hypothesized here that only the low-rate threshold changes would be correlated with the
9 IPG/PD effect or the ECAP amplitude growth slope.

10 Since the data included multiple electrodes in the same subjects as well as multiple subjects,
11 statistical the analysis separated the within-subject effects from across-subject effects. The mean
12 data across electrodes (behavioral threshold changes with rate, ECAP slopes, IPG/PD effects)
13 was calculated for each subject ($n = 10$) to investigate across-subject effects. To investigate
14 within-subject effects (profile across electrodes), the mean data-value across electrodes for each
15 subject was subtracted from each electrode's absolute data values. Each new data point ($n = 52$)
16 then represented the value *normalized relative to the mean for that subject*.

17 Best subsets regression was used to investigate the association between change of behavioral
18 threshold with rate and the three ECAP measures (threshold, slope, and IPG/PD effect). Since
19 the power of the between-subject analysis was rather low ($n = 10$) compared to the within-subject
20 analysis ($n = 52$) a loose criterion for significance ($p < 0.2$) was adopted in the former case when
21 interpreting the results, with more emphasis being on the r-squared values.

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1 Table 2 shows the results of the best-subset regressions. The best subset was selected as that with
2 the highest adjusted r-squared. The change of behavioral thresholds between rates of 1000 to
3 2000 pps was not associated with any of the three ECAP measures for either within- or across-
4 subject data, as hypothesized. The within-subject change of behavioral thresholds between 40
5 and 1000 pps was significantly associated with the ECAP slope and marginally associated with
6 the ECAP threshold. That is, within each subject, electrodes that had a greater drop in threshold
7 with increasing rate of stimulation were those that had greater ECAP slopes and/or a tendency
8 towards higher ECAP thresholds. The variance inflation factor ($VIF = 1.01$) indicates that the
9 two factors, ECAP threshold and slope profiles, contributed independently to the regression, and
10 were not correlated with each other ($n = 52$, $r = -0.1$, $p = 0.48$). However, across subjects, the
11 average change in behavioral threshold from 40 to 1000 pps for each subject was best predicted
12 by the IPG/PD effect alone. That is, subjects who showed a greater change of behavioral
13 thresholds between 40 and 1000 pps on average were those that had larger IPG/PD effects.

14 In summary, subjects with a larger average effect of rate on threshold had a larger average
15 IPG/PD effect, whereas, within each subject, the electrodes with the larger effect of rate on
16 threshold were those that had a relatively greater ECAP amplitude growth slope and relatively
17 higher ECAP thresholds. Both these results are consistent with animal studies that have
18 associated all three measures (ECAP slope, IPG/PD and change of behavioral thresholds with
19 rate) with cochlear health. However the two ECAP measures (ECAP slope and IPG/PD effect)
20 accounted for different types of variance in the behavioral data and were not significantly
21 correlated with each other, either within subjects ($n = 52$, $r = 0.13$, $p = 0.36$) or between subjects
22 ($n = 10$, $r = 0.32$, $p = 0.37$).

23 **2.2. Predicting the profile of behavioral thresholds across electrode position.**

1 Current semi-objective fitting methods measure the ECAP threshold profile across electrode
2 positions and use this profile to predict behavioral level profiles (e.g. Gordon et al., 2004). The
3 absolute current levels for programming the CI are then determined using behavioral methods. In
4 this section we evaluate whether the profile of thresholds across electrode positions can be
5 better-predicted using multiple ECAP measures rather than from ECAP thresholds alone. The
6 profile of behavioral thresholds across electrode positions was calculated for each subject and
7 rate of stimulation by subtracting the mean threshold across electrodes from each individual
8 threshold (similarly to the subject-normalization carried out in section 2.1). Each data point then
9 represented the degree to which threshold at a particular electrode position differed from the
10 mean threshold across electrodes. A best-subsets regression was performed with behavioral
11 threshold profile as the dependent variable and within-subject profiles of the three ECAP
12 measures (ECAP threshold, ECAP amplitude growth slope and IPG/PD effect) as the
13 independent variables.

14 Table 3 (second row) shows the best predictive model (based on best adjusted r-squared) for
15 each rate of stimulation tested in the behavioral data. The best sets regression found that the
16 ECAP amplitude growth slope profile was a highly significant predictor of the behavioral
17 threshold profile at every stimulation rate tested. At each rate, a combination of two of the three
18 predictors was found to produce the highest adjusted r-squared. For rates of 40, 500, and 1000
19 pps, a combination of ECAP threshold profile and ECAP amplitude growth slope profile best
20 predicted behavioral threshold profiles, with the contribution of ECAP thresholds reducing as
21 rate increased. Electrodes with greater ECAP slopes and higher ECAP thresholds tended to have
22 higher behavioral thresholds. For 2000 pps, ECAP threshold profile no longer contributed to the
23 best model, and the IPG/PD effect had a mild influence: at 2000 pps, electrodes with a smaller

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1 IPG/PD effect and greater ECAP slope tended to have higher behavioral thresholds. It is of
2 interest to note, since ECAP threshold profiles are currently used clinically to predict behavioral
3 threshold profiles, that the ECAP threshold profile alone (top row) was not significantly
4 correlated with the behavioral threshold profile except at the 40 pps rate. In contrast, the best
5 single-predictor model for the rates above 40 pps was the ECAP amplitude growth slope. Figure
6 4 illustrates the improvement in predicted behavioral threshold profile for rates of 1000 pps when
7 ECAP growth slope profile was included as a predictor along with ECAP threshold profile (panel
8 B) compared to when ECAP threshold profile alone was used (panel A). Figure 5 shows an
9 example profile of 1000 pps behavioral thresholds for subject CI3 (open triangles), along with
10 the ECAP threshold profile (filled circles) and the predicted behavioral threshold profile using
11 both the ECAP threshold and slope profiles and using the regression equation in Table 3 (filled
12 squares). The ECAP and behavioral threshold profiles in this subject were quite different in the
13 apical part of the array, and the predicted behavioral profile using both ECAP threshold and
14 slope profiles is closer to the actual behavioral profile than is the ECAP profile.

15 **2.3. Prediction of absolute behavioral thresholds**

16 If ECAPs were to be used for totally objective fitting, ECAP features alone would need to
17 account for a very high proportion of variance in the absolute behavioral thresholds (and also
18 variance in the dynamic range on each electrode). To achieve this goal, the average behavioral
19 threshold needs to be determined for each individual, as well as the profile across electrodes. In
20 this section the predictive value of the combined ECAP measures for absolute threshold
21 determination is evaluated.

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1 The variance across subjects of the across-electrode averaged thresholds was investigated using
2 best subsets regression. Table 4, second row, shows the best model, based upon best adjusted r-
3 squared, for predicting the average absolute threshold (average across electrodes for each
4 subject) from the three ECAP features (also averaged across electrode positions: $n = 10$). In this
5 analysis, the ECAP amplitude growth slope did not feature in any best model at any stimulation
6 rate. The best model for all rates included both the average ECAP threshold and the average
7 IPG/PD effect. Subjects with higher average behavioral thresholds were those with higher
8 average ECAP thresholds and smaller IPG/PD effect. However, using average ECAP thresholds
9 alone to predict average behavioral thresholds (Table 4, top row) did not account for significant
10 across-subject variation in absolute average thresholds except for the 40 pps rate ($p = 0.08$).
11 Figure 6 (panel A) illustrates the predicted versus actual average absolute behavioral thresholds
12 using combined ECAP thresholds and IPG/PD effect. It is interesting to note that the average
13 ECAP threshold in the best subsets model always had a coefficient very close to 1 for every rate
14 of stimulation (Table 4). This means that the best predictive model is essentially predicting the
15 *offset* between the average ECAP threshold and the average behavioral threshold, using the
16 IPG/PD effect alone, with the influence of IPG/PD on this offset increasing with stimulation rate
17 (the regression coefficient becomes more negative at higher rates). Figure 6 (panel B) illustrates
18 the predicted versus actual offset for the rate of 1000 pps.

19 In summary, the analysis so far suggests that 1) the ECAP growth function slope accounted for a
20 significant amount of within-subject variance across electrode positions in the behavioral
21 threshold profile at every stimulation rate, with greater slopes predicting relatively higher
22 thresholds, whereas 2) the ECAP IPG/PD effect had the most influence on variance in the across-
23 subject differences in average absolute behavioral thresholds, where higher average absolute

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1 thresholds were associated with smaller IPG/PD effects. In both within- and across-subject
2 analyses, the predictive value of ECAP thresholds was limited to low-rate behavioral thresholds.
3 This pattern of results was analogous to that found for the effect of rate on behavioral thresholds.
4 That is, ECAP growth slope was associated with the within-subject variance in the effect of rate
5 on threshold, whereas the IPG/PD effect was associated with between-subject differences in the
6 effect of rate.

7 **3. DISCUSSION AND CONCLUSIONS**

8 **3.1. Predicting change of behavioral threshold with rate of stimulation**

9 The results of this study weakly supported our hypotheses that the adjustment of current needed
10 to equalize ECAP amplitude for different IPG and/or different PD was correlated with the
11 change in behavioral threshold between 40 pps and 1000 pps. This correlation lends some
12 support to the proposal that both factors are influenced by cochlear health in humans as has been
13 shown in animal studies (Pfungst et al., 2011; Prado-Guitierrez et al., 2006; Ramekers et al.,
14 2014). The influence of the IPG/PD effect on how thresholds change with rate was further
15 supported by the increasing coefficient of IPG/PD as rate increased in the multiple regression
16 predicting subject-average absolute thresholds (Table 4), while the coefficient of ECAP
17 threshold remained constant across different rates. The mechanisms by which the IPG/PD effect
18 and the change of behavioral thresholds with rate are influenced by cochlear health remain
19 hypothetical, however, but are likely to differ. For example variations in the IPG/PD effect may
20 be due to variations in the health or type of neural material being activated, which in turn may
21 influence the temporal charging characteristics of the neurons and hence the effect of temporal
22 stimulus parameters such as IPG and PD. On the other hand, McKay et al (2013b) have
23 suggested that the relation between cochlear health and the effect of rate of stimulation on

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1 behavioral thresholds may be driven, at least on part, by differences in the slope of the current-
2 to-excitation function, which may be steeper at higher stimulus levels when there is poor SGC
3 survival.

4 The negative correlation between the psychophysical threshold changes with rate and ECAP
5 IPG/PD effects was largely driven by across-subject rather than within-subject variance. The
6 lack of relation to within-subject variance could be due to cochlear health not varying very much
7 across the different electrode positions used in our participants. It may be true in general that
8 across-subject variation in cochlear health is greater than across-cochlear variation, or
9 alternatively, our selection procedure for electrodes to be included in the study (based on good
10 ECAP responses) may have limited the across-cochlear variation in cochlear health. If that were
11 the case, the question of why ECAP slope was able to partially predicted the relative size of the
12 change of threshold with rate across the array (but not the absolute size of the change in subject-
13 average results) would need to be addressed.

14 In contrast to the IPG/PD effect, the slopes of the ECAP growth functions accounted for within-
15 subject but not across subject variance in the changes in threshold with rate of stimulation in the
16 low-rate region. The fact that the two ECAP parameters (growth slope and IPG/PD effect)
17 accounted for different types of variance (within- or across-subjects, respectively) in the effect of
18 rate on threshold implies that underlying causes of the relationships may differ in the two cases.
19 For example the non-monotonic changes in ECAP slopes seen in animals in the days after
20 implantation (Pfungst et al., 2015a) argue against those changes being due to loss and recovery of
21 SGCs, but more related to changes in neural health status or electrical impedance changes over
22 time. Furthermore, the within-subject profile of ECAP slopes and IPG/PD effects in this study
23 were not correlated with each other ($r = 0.13$, $p = 0.36$, $n = 52$). It is plausible that the ECAP

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1 growth slopes would be subject to sources of across-subject variance additional to those
2 contributing to within-subject variance, due to factors such as electrical impedances within the
3 cochlea fluids and other cochlea material. These hypothetical additional sources of across-subject
4 variance (which would have minimal influence on the IPG/PD effect) may have reduced the
5 correlation of ECAP slopes with across-subject differences in the effect of rate on threshold.
6 However, this additional across-subject variance would not explain why only the ECAP slopes,
7 and not the IPG/PD effects predicted the within-subject relative differences in the effect of rate
8 on thresholds. It is possible that within-subject variations in ECAP growth slope are more
9 sensitive to small within-subject variations in cochlear health than within subject variations in
10 IPG/PD effect, but only the IPG/PD effect could demonstrate the larger across-subject variations
11 in cochlear health because of the additional (non cochlear-health-related) across-subject variance
12 in ECAP slopes. Alternatively the correlation between relative within-subject profile of change
13 of thresholds with rate and ECAP slope profile might be driven by factors not related to cochlear
14 health, as further discussed in section 3.2.

15 Further research is needed to elucidate the mechanisms underlying the association of the ECAP
16 parameters to cochlear health. However, the results support the potential use of the
17 psychophysical or ECAP measures as a proxy for cochlear health in research that aims to
18 determine the effect of cochlear health on outcomes with a CI.

19 **3.2. Predicting behavioral threshold profiles across electrodes and the average absolute** 20 **behavioral thresholds for different subjects at fixed rates of stimulation.**

21 In a similar pattern to the prediction of the effect of rate on threshold, the within-subject profile
22 of behavioral thresholds across electrode positions at fixed rates of stimulation (Table 3) was

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1 best predicted using the ECAP growth slope profile as well as the ECAP threshold profile. For
2 within-subject threshold profiles at fixed rates of 1000 pps and below, electrodes with higher
3 behavioral thresholds than the average level corresponded to those with higher ECAP thresholds
4 and those with greater ECAP slopes. Essentially, greater ECAP slopes were associated with
5 behavioral thresholds closer to the ECAP thresholds (thus higher).

6 At first sight this result may seem to be in conflict with animal studies that have suggested that
7 greater ECAP slopes are associated with lower absolute behavioral thresholds and better neural
8 survival. However, caution should be exercised when comparing those studies (e.g. Pfungst, et al.
9 2015a; Pfungst, et al. 2015b) with the current one, as the units used to express the slope the
10 animal studies ($\mu\text{V}/\mu\text{A}$) differed from that used in this study ($\mu\text{V}/\text{CL}$ - CL being a logarithmic
11 unit). It has been argued that changes in stimulus current should always be expressed in ratio or
12 log units, especially when comparing current adjustments in different conditions or ears etc (see
13 discussion in McKay 2012). If two electrodes have the same ECAP growth slope in $\mu\text{V}/\text{CL}$ but
14 different ECAP thresholds, the one with the higher ECAP threshold will have a shallower slope
15 when the slope is expressed in $\mu\text{V}/\mu\text{A}$. Since ECAP and behavioral thresholds are correlated, the
16 relation seen in animal studies where shallower ECAP slope was associated with higher
17 behavioral thresholds, might partly result from the units used as well as, or instead of, any
18 physiological relationship between ECAP slope and SGC survival.

19 The current unit that the ECAP slope is calculated in has an important influence on how data is
20 interpreted. For example, Schwartz-Leyzac and Pfungst (2016) showed a negative correlation in
21 CI users between average ECAP slope (in linear units of current) and duration of deafness.

22 Although this result could be interpreted to suggest that ECAP slope is positively correlated with
23 neural survival, it is also possible (but not testable in the published data) that the subjects with

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1 greater duration of deafness may have had higher ECAP thresholds than those with less duration
2 of deafness (due to poorer neural survival), and that the found correlation may have been driven
3 by the higher absolute ECAP thresholds rather than the ECAP growth slope independent of
4 absolute level.

5 The question remains of “Why would higher behavioral threshold levels be associated with
6 *greater* ECAP slopes in the present data?” It should be stressed that this result only applied to the
7 *relative* behavioral levels across electrodes, and not the *absolute* levels, and that the regression
8 equation to predict behavioral threshold profile across electrodes included ECAP threshold as
9 well as ECAP slope. The regression suggests that, given a constant ECAP threshold across the
10 array, the absolute behavioral threshold would tend to be closer to the absolute ECAP threshold
11 (i.e. higher) when the ECAP slope is steep. This effect could be independent of SGC status and
12 instead result from the ECAP threshold being a more sensitive measure when the ECAP slope is
13 greater.

14 In contrast to within-subject profiles, the across-subject *average absolute* behavioral thresholds
15 (Table 4) were best predicted using the average IPG/PD effect as well as the average ECAP
16 threshold. The IPG/PD effect essentially predicted the *offset* between average behavioral
17 thresholds and average ECAP thresholds. Subjects with greater average IPG/PD effects had
18 average behavioral thresholds that were lower *relative* to the ECAP thresholds. Since the average
19 ECAP threshold is a fixed value for different rates of stimulation, this result is consistent with
20 the earlier result that the IPG/PD effect was the sole predictor of the way that the subject-average
21 behavioral threshold changes with rate. The increasing regression coefficient of IPG/PD with
22 increasing rate (Table 4) directly reflects the decrease in behavioral threshold with rate.

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1 Overall, the results suggest that, to predict absolute behavioral thresholds for all
2 subjects/electrodes, a strategy would be to first use the regression equation in Table 4 (using
3 average ECAP thresholds and average IPG/PD effects to predict the *average* behavioral
4 threshold for each subject) and then to account for *profile* across electrodes by adjusting the
5 threshold prediction up or down for each electrode using the regression equation in Table 3 and
6 the ECAP threshold slope profiles. Table 5 shows the regression of actual behavioral thresholds
7 versus the predicted thresholds using the combined across- and within-subject predictions. It can
8 be seen that the correlation coefficient is greater than for using ECAP thresholds alone, and
9 remains similarly high for higher rates of stimulation. In contrast, the predictions made from
10 ECAP thresholds alone (top line in Table 5) deteriorate significantly as rate increases as expected
11 from previous work. Figure 7 shows the predictive accuracy for 1000 pps behavioral thresholds.
12 Further research is needed to test this prediction strategy on new data.

13 In conclusion, we have shown that it is possible to improve the predictive value of ECAP
14 measures for totally automated fitting procedures by including both the slopes of the ECAP
15 growth functions and the IPG/PD effects in the predictions. These factors are associated with the
16 way that thresholds change with rate of stimulation and their inclusion in the predictions prevent
17 the loss of predictive power with increasing rate of stimulation seen when using ECAP
18 thresholds alone. Measurement of these two ECAP parameters would be easy to implement in
19 fitting software. However, the potential accuracy of ECAPs for automated fitting, even with the
20 additional factors, remains relatively low. This low accuracy is illustrated by the standard error
21 of the estimates (SEE), which vary from 16 to 24 CL for rates between 500 and 2000 pps. These
22 standard errors are 5-6 CL less than when using ECAP threshold alone (Table 5), but remain
23 higher than ideal for fully automated fitting. Most of this error occurs in predicting across-

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1 subject average differences (compare SEE in Figs. 4 and 6) rather than in predicting across-
2 electrode differences within subjects. Nevertheless, the across-subject prediction using IPG/PD
3 may be a useful initial guide to setting absolute levels in a fully automated method. Using
4 cortical evoked responses instead of ECAPs for automatic objective fitting is likely to greatly
5 reduce the prediction error (Visram et al., 2015). Further research is needed to implement
6 efficient and practical use of cortical responses in CI users.

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9 provision of clinical software and hardware for the experiment. We thank the participants who
10 dedicated their time to help with the research. The research was financially supported by a veski
11 innovation fellowship to the first author. The Bionics Institute acknowledges the support it
12 receives from the Victorian Government through its Operational Infrastructure Support Program.

1 Table 1. Details of participants in this study.

	Age	Implant type	Electrodes used	Time since implant	Duration of severe deafness	Etiology
CI1	81	CI24RE	5, 8, 13, 17	3 yrs	20 yrs	Noise induced, head injury, progressive
CI2	70	CI24RE	4, 5, 6, 7, 8, 17	7 yrs	20 yrs	Unknown, progressive
CI3	74	CI24RE	3, 4, 7, 10, 13, 16, 19, 22	7 yrs	30 yrs	Possible autoimmune, progressive
CI4	77	CI24RE	22	2.5 yrs	10 yrs	Unknown, progressive
CI6	77	CI512	5, 7, 10, 13, 16, 19, 22	5 yrs	50 yrs	Unknown, possible noise induced, sudden
CI9	54	CI24RE	7, 10, 13, 16, 19	5 yrs	5 yrs	Unknown, possible inner ear infections, sudden
CI11	57	CI24RE	4, 7, 10, 13, 16, 19, 22	7 yrs	51 yrs	Unknown, sudden
CI12	72	CI24RE	7, 10, 13, 16, 19, 22	3 yrs	10 yrs	Possible noise induced, progressive
CI13	64	CI24RE	13, 16, 19, 22	6 yrs	11 yrs	Genetic, noise

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						induced, sudden
CI15	44	CI512	6, 5, 4, 2	4 yrs	9 yrs	Unknown, possible genetic, sudden

1

2

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- 1 Table 2. Best subsets regression results for the change in behavioral thresholds with rate of
 2 stimulation as predicted by the three ECAP measures (threshold, slope, IPG/PD effect). The best
 3 subset was determined as that with the highest adjusted r-squared. For the 1000-2000 pps no
 4 significant association was found with the three ECAP measures.

	40-1000 pps	1000-2000 pps
Within subjects (n = 52)		
r^2	0.16	≤ 0.02
ECAP T (coefficient, p)	0.2, 0.08	
ECAP slope (coefficient, p)	0.8, 0.01	
VIF	1.01	
Across subjects (n = 10)		
r^2	0.23	≤ 0.05
IPG/PD effect (coefficient, p)	2.6, 0.16	

5 ECAP T = ECAP threshold

6 VIF = Variance inflation factor

7

8

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1
 2 Table 3: Prediction of behavioral threshold profiles across electrode positions by ECAP data (n =
 3 52). The top row shows the results of linear regression using ECAP threshold profile alone. The
 4 second row shows the results of using both ECAP threshold profile, the IPG/PD effect profile,
 5 and the ECAP amplitude growth slope profile together in the best subjects multiple regression. In
 6 each case, the best model contained two of the three potential predictors.

	40 pps	500 pps	1000 pps	2000 pps
ECAP T alone, Adjusted r^2	0.156	0.045	0.029	0.000
Coefficient, p	0.573, 0.002	0.326, 0.07	0.266, 0.12	0.129, 0.42
Multiple regression				
Adjusted r^2	0.33	0.24	0.21	0.15
ECAP T: Coefficient, p	0.633, < 0.001	0.384, 0.02	0.320, 0.04	NA
ECAP slope: Coefficient, p	1.600, < 0.001	1.573, 0.001	1.448, < 0.001	1.240, 0.003
IPG/PD effect, Coefficient, p	NA	NA	NA	-0.806, 0.1
VIF	1.01	1.01	1.01	1.01

7 ECAP T = ECAP threshold

8 VIF = Variance inflation factor

9

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1 Table 4: Prediction of average absolute behavioral thresholds using ECAP data (n = 10). The top
 2 row shows the results of linear regression using average ECAP threshold alone. The second row
 3 shows the results of using ECAP threshold, the IPG/PD effect, and the ECAP amplitude growth
 4 slope together in the best subsets multiple regression. In each case, the best model contained two
 5 of the three potential predictors.

	40 pps	500 pps	1000 pps	2000 pps
ECAP T alone, Adjusted r^2	0.25	0.06	0.00	0.00
constant	-5	-9	4	-4
Coefficient, p	0.899, 0.08	0.846, 0.25	0.711, 0.45	0.674, 0.53
Multiple regression Adjusted r^2	0.35	0.365	0.241	0.170
constant	36	72	104	105
ECAP T: Coefficient, p	1.032, 0.047	1.104, 0.09	1.030, 0.23	1.021, 0.31
IPG/PD effect, Coefficient, p	-2.012, 0.17	-3.883, 0.06	-4.806, 0.09	-5.235, 0.11
VIF	1.04	1.04	1.04	1.04

6 ECAP T = ECAP threshold

7 VIF = Variance inflation factor

8

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1 Table 5. Prediction of actual behavioral thresholds for combined subjects/electrodes (n = 52).
 2 Each line in the table shows the results of linear regression of the predicted versus actual
 3 behavioral thresholds at each rate. The first line uses ECAP threshold alone as the predictor. The
 4 second line uses the two regression equations from Table 4 (to predict average thresholds for
 5 each subject) and Table 3 (to predict adjustment from this average value to account for across-
 6 electrode profile).

7

	40 pps	500 pps	1000 pps	2000 pps
	r, p	r, p	r, p	r, p
	SEE (CL)	SEE (CL)	SEE (CL)	SEE (CL)
ECAP T alone	0.57, <0.001 15.7	0.45, <0.001 21.2	0.38, 0.006 26.2	0.32, 0.02 30.2
Combined within- and across- subject predictions	0.70, <0.001 13.7	0.71, <0.001 16.7	0.70, <0.001 20.72	0.65, <0.001 24.3

8 SEE = Standard Error of the Estimate

9

10

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15

1 **Figure Legends**

2 **Figure 1.** Schematic of method to determine CL adjustment to equate ECAP amplitude between
3 stimulus conditions, using data of CI9, electrode 19. The ECAP growth functions were truncated
4 to isolate the linear portions of the functions, which were then fitted with linear regression (red
5 lines in color). The mean horizontal offsets between the regression lines were calculated over the
6 range of amplitudes common to all functions (between horizontal lines).

7 **Figure 2.** ECAP recordings (raw data with spline interpolation) of CI12, E16 in condition [PD
8 25 μ s IPG 8 μ s] (left), and in condition [PD 40 μ s IPG 40 μ s] (right), annotated with CL of the
9 stimulus.

10 **Figure 3.** The effect of rate of stimulation on behavioral threshold for the 10 subjects, with data
11 averaged across the electrodes tested for each subject. Symbol shapes represent different
12 subjects.

13 **Figure 4.** A) Predicted 1000-pps behavioral profile (difference in CL between threshold and
14 across-electrode average threshold for each subject) versus actual threshold profile using ECAP
15 threshold profile alone as the predictor. B) As in panel A, but using both ECAP threshold profile
16 and ECAP growth slope profile as predictors. SEE = standard error of the estimate. Symbol
17 shapes represent different subjects.

18 **Figure 5.** Profiles across seven electrode positions for subject CI3 and rate of 1000 pps.
19 Behavioral and ECAP threshold profiles (black open triangle and closed red circles, respectively)

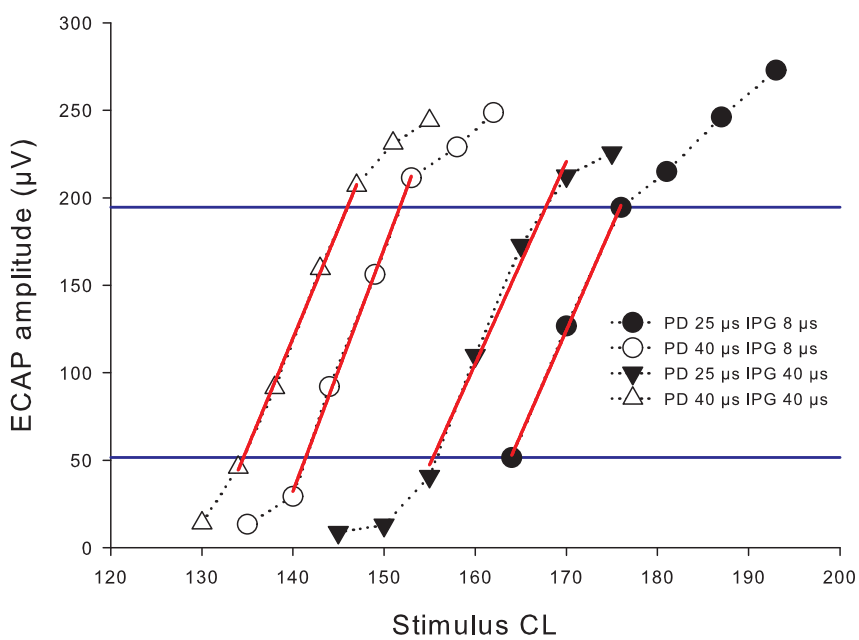
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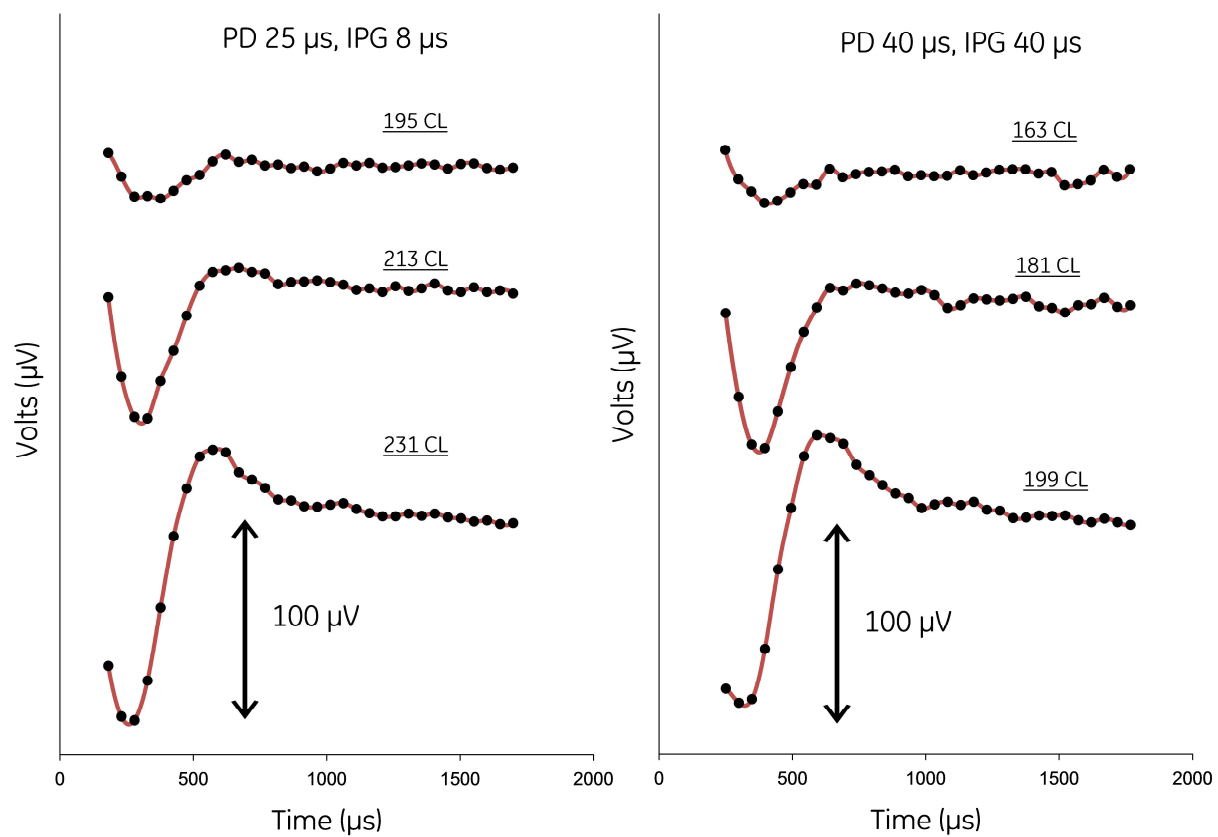
1 are shown, along with the prediction of behavioral threshold profile (closed blue squares) using
2 both ECAP threshold and slope profiles and the regression equation shown in Table 3.

3 **Figure 6.** Predictions of average behavioral thresholds (across electrodes) at 1000-pps rate. Panel
4 A: prediction of absolute thresholds using ECAP thresholds and IPG/PD effect. Panel B:
5 prediction of offset between ECAP the behavioral thresholds using IPG/PD effect alone. SEE =
6 standard error of the estimate. Symbol shapes represent different subjects.

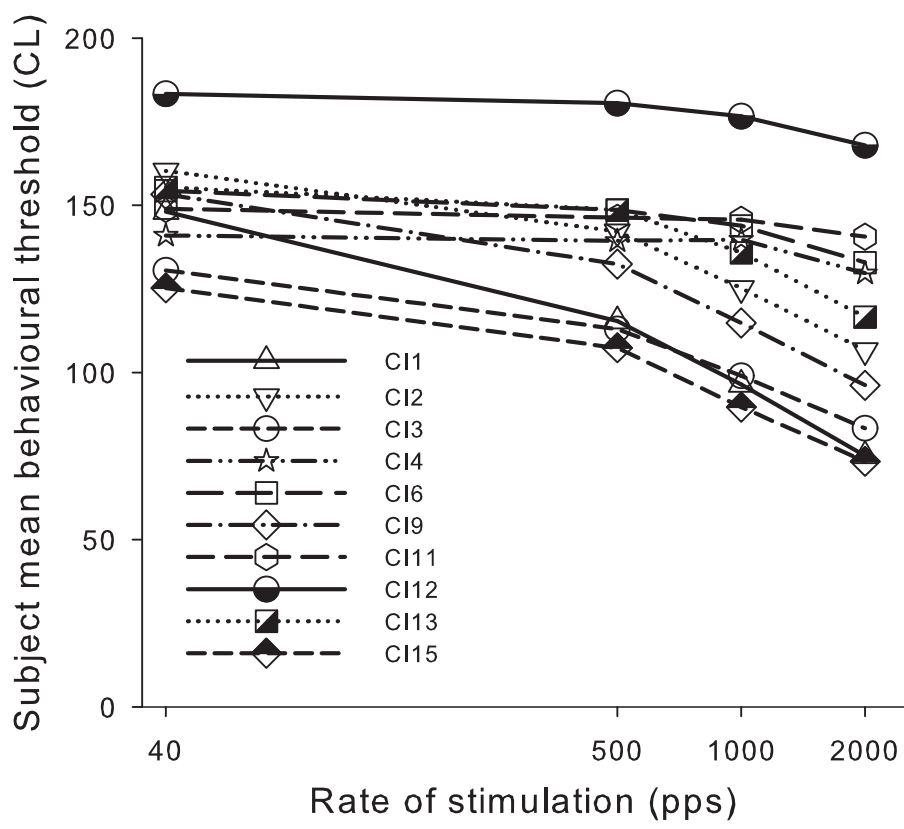
7 **Figure 7.** Predictions of actual behavioral thresholds (subjects and electrodes) at 1000-pps rate.
8 Subjects are denoted by symbol type.

9

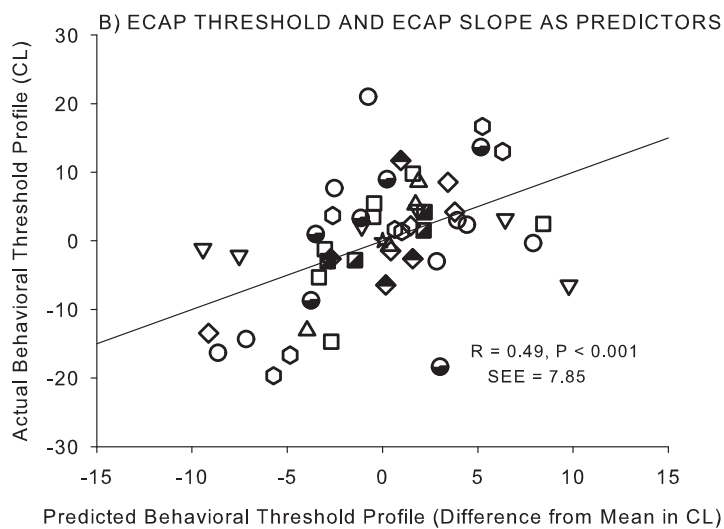
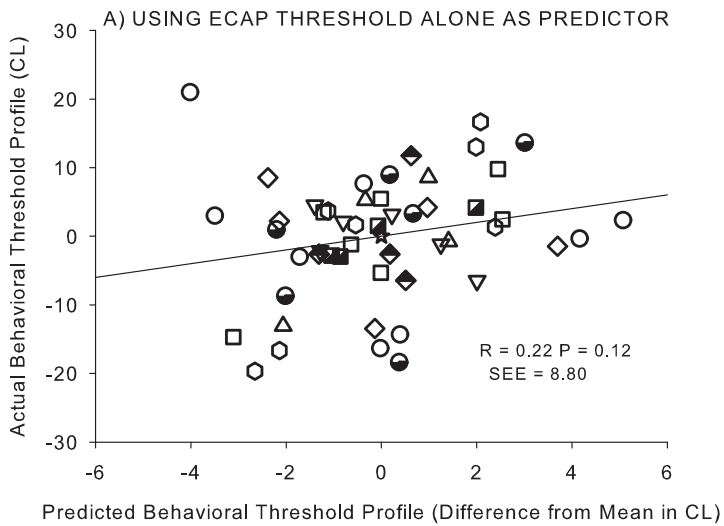


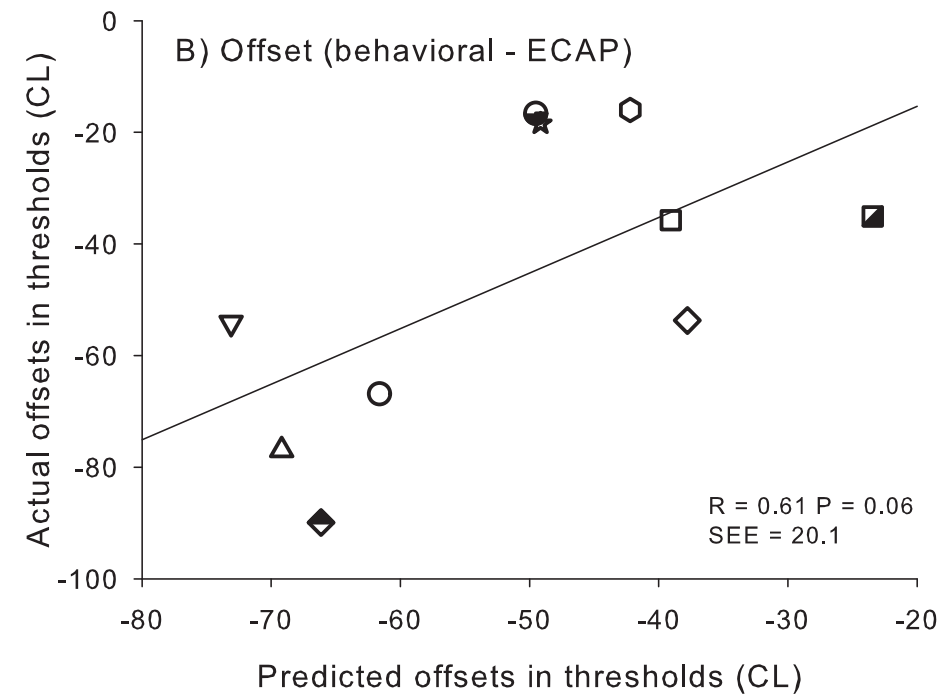
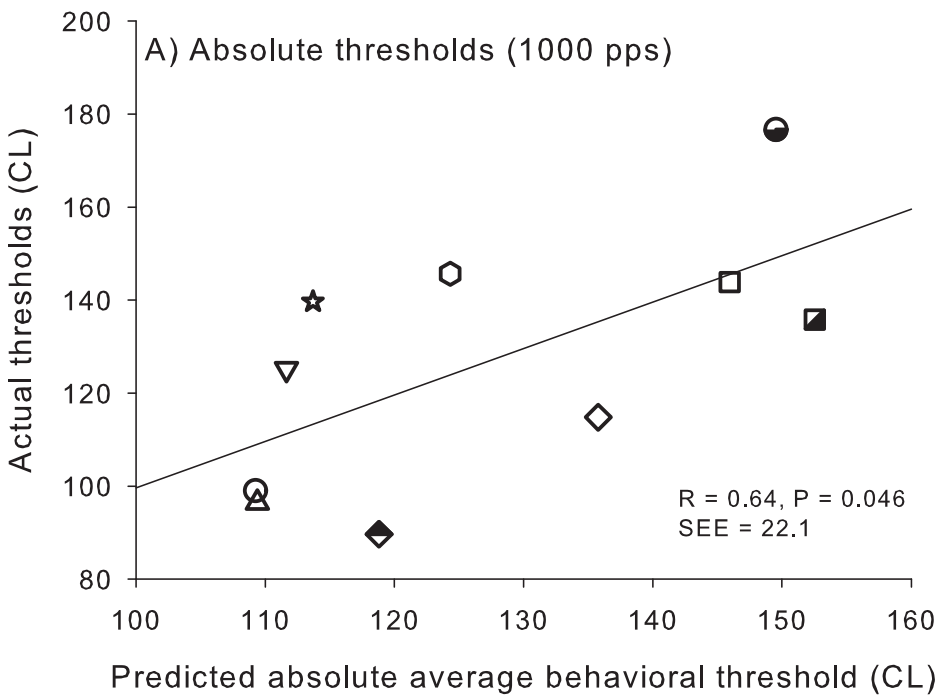


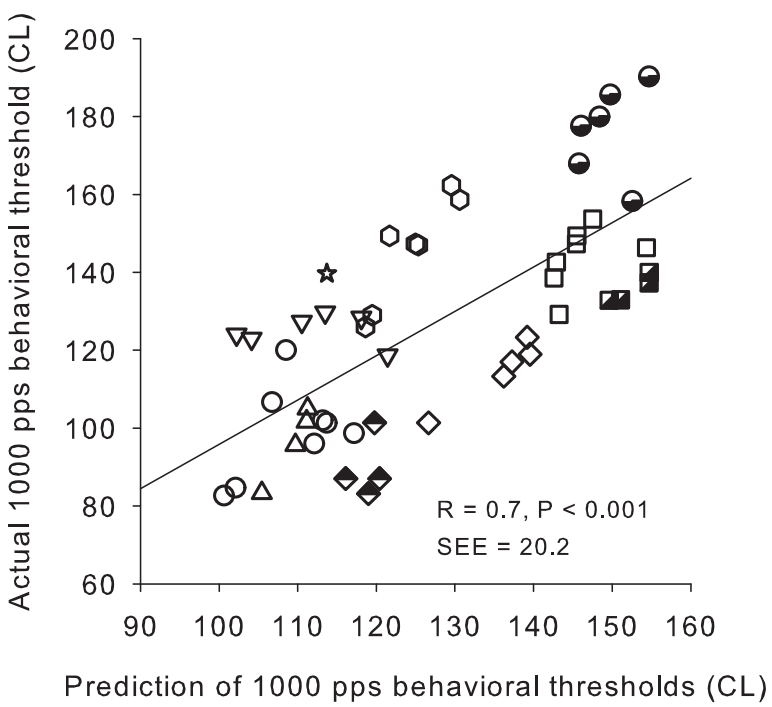
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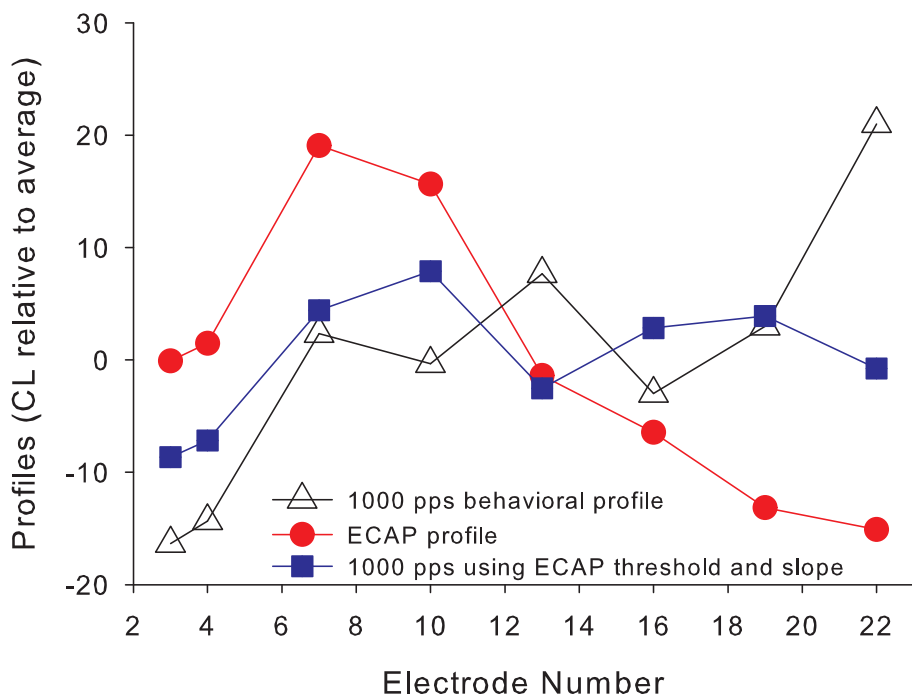


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Highlights

- The effect of rate on hearing threshold is predicted by ECAP measurements
- ECAP amplitude growth slope predicts within-subject differences
- The effect on ECAP of interphase gap or phase duration predicts subject differences
- Including these ECAP measurements significantly improved prediction of thresholds
- Objective cochlear implant fitting using ECAP can be improved